

GECAC CORRY SENIOR CENTER

MARCH 2025 NEWSLETTER

25 FIRST AVENUE, CORRY, PA 16407 (814) 664-2477

OPEN TUESDAY—FRIDAY 9 A.M. TO 3 P.M

Rachael Price, Senior Center Director

Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 7TH **SPEAKER: Bankers Life @ 11:00 AM** How to Protect Your Nest Egg
- 8TH **GECAC'S "60TH" ANNIVERSARY**
- 11TH **SPEAKER: Community Nurses of NE @ 10:30 AM** Blood Pressure Screening
- 12TH **ST PATRICK'S DAY PARTY** 50/50 Lottery Tree
BIRTHDAYS
- 14TH **SPEAKER: ADAGIO HEALTH @ 11:00AM** Reach your goals, step by step.
- 19TH **Yellow Dot Program @ 10 :30 AM**
- 28TH **SPEAKER: Hometown Heroes—IKE @ 11:00 AM** Stephanie's Presentation on IKE ERDMAN



BIRTHDAYS

- 3-7 BETTY LOU KLINGER
3-8 CAROL WILT
3-9 DOLLY HOOVEN
3-11 JANICE PARKHURST
KIM HAEHN
3-17 DALE GIACOMA
3-18 ROSEMARY BAKER
3-25 SUSAN (KAY) DAVISON
3-29 SALLY HAJEC
3-30 BOBBI WILLIAMS
Please join us for cake!

**** UPCOMING DATES ****

- MAR 12** St. Patrick's Day Party
Reservations Due by WED., FEB. 26TH
- APR 16** Springtime Party
Reservations Due by WED., APR. 2ND
- MAY 7** Mother's Day Party
Reservations Due by WED., APR. 23RD
- JUN 11** Father's Day Party
Reservations Due by WED., MAY 28TH

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN FOR EACH PARTY!! NO EXCEPTIONS!!

GECAC'S Inclement Weather Protocol for CLOSINGS

IF THE CORRY AREA SCHOOL DISTRICT HAS A 2-HOUR DELAY OR CLOSES SCHOOL, THE GECAC SENIOR CENTER WILL BE CLOSED.

ALL CLOSING WILL BE SHOWN ON OUR LOCAL TV STATIONS AND OUR FACEBOOK GROUP "GECAC CORRY SR CTR"



MARCH CALENDAR & MENU

MENU SUBJECT TO CHANGE

Tue	Wed	Thur	Fri
<p>4</p> <p>SAUSAGE SUB 9:00 CARDS</p>	<p>5</p> <p>OX ROAST SANDWICH 9:00 CARDS 12:30 BINGO</p>	<p>6</p> <p>STUFFED CABBAGE 9:00 CARDS 11:00 EXERCISE</p>	<p>7</p> <p>TUNA SALAD SANDWICH 9:00 CARDS 11:00 SPEAKER: How to protect your nest egg 12:30 BINGO</p>
<p>11</p> <p>GRILLED CHICKEN 9:00 CARDS 10:30 BLOOD PRESSURE SCREENING</p>	<p>12</p> <p>ST PATRICK'S DAY PARTY Lottery Tree 50/50</p>  <p>BIRTHDAY'S 12:30 BINGO</p>	<p>13</p> <p>CHICKEN FETTUCCINI 9:00 CARDS 11:00 EXERCISE</p>	<p>14</p> <p>HOT TURKEY 9:00 CARDS 11:00 SPEAKER: - Reach your goals, Step by step 12:30 BINGO</p>
<p>18</p> <p>PORK ROAST 9:00 CARDS</p>	<p>19</p> <p>STUFFED CHICKEN 9:00 CARDS 12:30 BINGO</p>	<p>20</p> <p>HAMBURGER 9:00 CARDS 11:00 EXERCISE</p>	<p>21</p> <p>CHICKEN ALA KING 9:00 CARDS 12:30 BINGO</p>
<p>25</p> <p>OVEN FRIED CHICKEN 9:00 CARDS</p>	<p>26</p> <p>COUNTRY FRIED STEAK 9:00 CARDS 12:30 BINGO</p>	<p>27</p> <p>CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE</p>	<p>28</p> <p>STUFFED PEPPERS 9:00 CARDS 11:00 SPEAKER: Hometown Heroes Stephanie's Presentation about IKE ERDMAN 12:30 BINGO</p>

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE: (814)459-4581

AAA TOLL FREE: (800)769-2436

AFTER HOURS (CRISIS LINE)

Day (814)451-4581 Ext 400

Evening (814) 451-1520

PACE-PACENET: (800)225-7223

ERIE CO VETERAN'S AFFAIRS:

(800)274-8387

SOCIAL SECURITY ADMIN:

(877)405-3543

AGENCY WEBSITE: www.gecac.org

PA AGING WEBSITE: www.aging.pa.gov

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$7.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON FOR

SENIORS 60 YRS & OLDER.

MEALS ARE \$2.00 CONTRIBUTION

PLEASE MAKE YOUR MEAL
RESERVATIONS

2 WEEKS IN ADVANCE

PARTIES WILL BE \$5.00, UNLESS

STATED OTHERWISE

500 CARD CLUB

HELD ON TUESDAYS

BINGO IS PLAYED ON WEDNESDAYS &
FRIDAYS @ 12:30. We have LOTS OF
FUN, so come join us!!!

TAI CHI EXERCISE THURSDAYS!

Let's be healthy!

GAMES & WII ANY DAY!

The Corry Senior Center is operated
by the Greater Erie Community
Action Committee and funded in
part by the County of Erie,
Area Agency on Aging.

Dr. Benjamin Wilson, CEO

**Ray Maholtz, Director of Erie Area
Agency on Aging**



**Happy
St. Patrick's Day!**

SOME REMINDERS FOR YOU Please remember to bring an extra sweater during the winter months to help keep you warm at the Center. Also, please bring an extra pair of shoes to wear once you've removed your snow boots at the door. This will help keep our floors dry and prevent yourself and others from slipping and falling to make everyone safe and injury free!

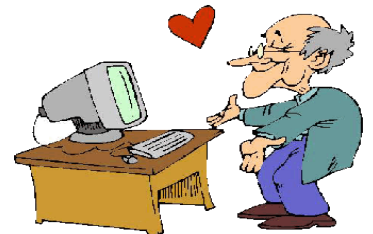
Also, reminder that we do offer SNACKS, but they are not free. The Center has purchased these items for everyone. A donation of .50 cents per item can be put in the BOX provided beside the SNACKS. Thank you for those who donate snacks!

WE APPRECIATE YOU!!

WI-FI is available FREE TO OUR SENIORS!!

Prior to using the WI-FI, members will need to sign the GECAC POLICY AGREEMENT .

Please see RACHAEL OR VALERI FOR ASSISTANCE



JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search. Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you'll need to agree to the Group rules, but it's easy and it's for your protection.

We will be posting our newsletters, upcoming events, weather updates and some other activities for you to be able to participate in at the Senior Center. Talk with other current and active members and perhaps meet some of the new members that have joined us.

GREAT RESOURCES:

GECAC has a website!! Check out www.gecac.org to see all that we do to help the community!

Pennsylvania 211:
Get Connected. Get Help.™



What is 211 used for in PA?

Every day, clients contact 211 to access **free and confidential information**. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, afterschool programs for kids, and more, **you can dial 211 or text your zip code to 898-211 to talk to a resource specialist**. Our specialists will listen to your needs, and give you information on programs in your community that might be able to help.

Visit www.pa211.org to explore programs available in your community by categories such as financial assistance, housing, and food.

LIHEAP: Need help with heating bills?

LIHEAP can help. Call 1(877) 443-2743

or visit www.LIHEAPhelps.com to sign up!



SNAP/EBT (food stamps) can make online purchases and have delivered to their home, as per attached and same information below.

Resources For Online SNAP Purchases

In Pennsylvania, residents who receive SNAP/EBT are now able to buy SNAP eligible foods and drinks online through Walmart and Amazon. These benefits can also be used to buy plants and seeds to grow food at home. This is a great way to get the food if you lived in a food desert or are unable to make it to the nearest grocery store.

MEDICARE MINUTE...



Are you planning on starting Medicare this year?

Here is what you need to know.

Once ready to start Original Medicare with parts A (hospital) and / or part B (Medical), you will have options on how you want to receive your coverage. With Original Medicare, Medicare pays 80% and you pay 20% of your health care costs. That 20% can get expensive considering the Out of Pocket costs of deductibles, co-pays, and co-insurance. While some Medicare recipients opt to have coverage from Original Medicare and prescription coverage, many recipients choose coverage from private insurance such as Advantage Plans, also known as Part C, or through Medicare Supplements, also known as Medigaps. Recipients must have parts A and B to enroll in these plans.

Advantage plans bundle parts A, B, and often part D, which is prescription coverage, into one plan. These plans can help lower your out of pocket costs. The cost for Advantage plans starts at \$0 a month with an average cost of \$17. Advantage Plans work within specific regions /networks, and many offer extra benefits that are not part of Original Medicare, for example, help with vision, hearing, dental, and Over the Counter expenses.

Another popular way Medicare recipients choose their coverage is through a Medicare Supplement, or Medigap. Medigap plans are standardized plans providing coverage anywhere in the US where Medicare is accepted. The cost of Medigaps in PA ranges, however the average cost is around \$150. Medigaps are designed to cover more of your Out of Pocket costs. Unlike many Advantage Plans that roll your Part D coverage into one bundled plan, Medigaps do not include Part D coverage, therefore recipients pick up a Stand-Alone Part D Prescription Plan. These plans also have a range in cost with an average monthly premium around \$41.

Pennsylvania Medicare Education and Decision Insight, or PA MEDI is a statewide service operated by the Pennsylvania Department of Aging and is known as a trusted local resource for Medicare help. Services are provided free by highly trained Counselors. To discuss your Medicare plan, talk to Rachael in the office or call 814-664-2477 to set up an appointment. We can help look at eligibility for cost savings programs, and explain preventative services as well.



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MAY 7 Mother's Day Party

Reservations Due by WED., APR. 23RD

JUN 11 Father's Day Party

Reservations Due by WED., MAY 28TH

The **COST** for the parties will be **\$5.00** with the exception for July and December Parties.